

MIKE WAZOWSKI EYE BALL



6

SERVING
SIZE

20

MINUTES

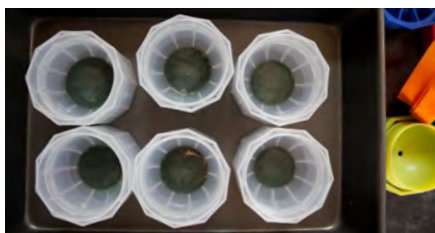
INGREDIENTS

- 6 ice ball molds or small round bowls
- 2 (13.5 oz.) cans unsweetened coconut milk
- 1 cup coconut water
- $\frac{2}{3}$ cup sugar
- 3 teaspoons agar powder
- Red, blue, green food coloring

INSTRUCTIONS

STEP 1 Have ice ball molds or small round bowls set out and ready to use.

STEP 2 PHeat coconut milk in medium pan on low heat. When coconut milk starts bubbling, whisk in coconut water and sugar until it dissolves. Bring heat down to simmer and whisk in agar powder until completely dissolved. Set aside.



STEP 3 Pour about $\frac{1}{4}$ cup of heated coconut mixture into small bowl and mix in two-three drops of red, blue, and green food coloring to make a dark grey black color. Immediately pour about a tablespoon of the grey coconut milk into the bottom of each mold. Cool in refrigerator for 15 minutes. (Note: If you don't have molds you can also use a small round bowl, but you will only have half of



the eyeball with one flat and one rounded side, instead of a fully rounded eyeball.)



ABOUT THE CREATOR

MY NGUYEN • MY HEALTHY DISH

I'm My Nguyen creator of [My Healthy Dish](#). When I'm not creating healthy recipes for my blog, filming videos and dancing on Tiktok I'm typically hanging out with my twin 11 year old daughters at Disney. My husband is somewhere there with us too and take his role of instagram husband very seriously. We can't wait until our next trip to Disney for some food, fun and R&R.



Note: As a reminder while creating this craft, please supervise children who are helping or nearby.

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INSTRUCTIONS *(cont.)*

STEP 4 Warm and whisk the remaining coconut mix again if it starts to gel. Remove molds from refrigerator and pour about $\frac{1}{4}$ cup of the reserved coconut mix into the molds. This should fill up the molds to $\frac{1}{2}$. Then place in the refrigerator for another 15 minutes or until slightly firm to the touch.



STEP 5 Reheat remaining coconut mix and whisk in 4-5 drops of green food coloring or until you reach your desired color. Remove molds from refrigerator and pour in green coconut mix. Note: you may fill all the way to the brim because the lid will squeeze out any extra. Refrigerate at least 3 hours or overnight for a more solid eyeball.

STEP 6 To remove from molds, use a butter knife and gently skim around the edges. Then gently push on edges to slide the eye out.

