



DISNEYWEATS

COOKING UP THE MAGIC

PAPAYA, AVOCADO, GRAPEFRUIT SALAD

Boma - Flavors of Africa | Disney's Animal Kingdom Lodge

INGREDIENTS SERVES 4 TO 6

- 1 small papaya, cut into 1-inch cubes
- 1 ripe but firm avocado, peeled and cut into 1-inch cubes
- 1 grapefruit, peeled and sectioned
- 10 mint leaves, cut into thin strips

1/2 CUP plain yogurt

2 TABLESPOONS grapefruit juice

1 TABLESPOON honey

DIRECTIONS

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- 1. Combine papaya, avocado, and grapefruit in medium bowl. Stir in mint leaves and set aside
- 2. In a small bowl, stir together yogurt, grapefruit juice and honey.
- 3. Pour the dressing over the fruit and toss gently. Serve immediately.

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Always use caution when handling sharp objects and hot contents. Please supervise children who are helping or nearby. This recipe has been converted from a larger quantity in the restaurant kitchens. The flavor profile may vary from the restaurant's version.