

DISNEYWEATS

COOKING UP THE MAGIC

QUINOA SALAD

Kusafiri Coffee Shop and Bakery Disney's Animal Kingdom® Theme Park

INGREDIENTS SERVES 6

1 CUP red quinoa

1/2 CUP white quinoa

3 CUPS water

1/4 TEASPOON salt

1 CUP golden raisins

1/2 CUP finely chopped dried apricots

1/2 CUP finely chopped red onion

1 CUP chopped cucumber

1/2 CUP chopped mint

3 TABLESPOONS fresh lemon juice

1/4 CUP extra virgin olive oil

SALT AND PEPPER, to taste



This recipe is made without animal meat, dairy, eggs, or honey.

DIRECTIONS

- 1. Combine water and quinoa in medium saucepan. Bring to boil over high heat. Cover and reduce heat to low. Cook for 15 minutes, until liquid is absorbed.
- 2. Cool quinoa in refrigerator for at least 4 hours.
- 3. Place cooled quinoa in large mixing bowl. Add raisins, dried apricots, chopped red onion, cucumber, mint, lemon juice, and olive oil and stir to combine.
- 4. Season with salt and pepper, to taste.