Walt Disney World®

Sensory Experience Details



Walt Disney World® Resort Sensory Experience Details

- *Walt Disney World*® Resort has numerous areas and locations which offer high amounts of stimulation via sounds, smells, lighting effects, pyrotechnics, and crowds. Guests who identify as being neurodivergent, have anxiety, PTSD, or are sensitive to their environments should be aware of these conditions.
- This Guide lists sensory elements, divided into 11 categories, at specific Park and Disney Springs experiences.
- In addition to the specific experiences listed, each Park and Disney Springs has common areas that may incorporate high amounts of stimulation via permanent and temporary sounds, smells, lighting effects, pyrotechnics, and crowds.
- For more information about our experiences, including operating hours and temporary closures or refurbishments, please visit **www.disneyworld.com**.

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Category	Definition
Scent/smell	Artificially introduced odor. May also include operational fumes
Lighting Effects	Includes specialty lighting and other visual effects in all or portions of the attraction
Loud Noises	Includes startling or surprise noises
Periods of Darkness	Includes attractions with low light or portions with total darkness
Bumpy	May include sudden movement related to the story of the attraction. Can include simulated movement or small dips.
Fast	Swift forward motion. May include constant speed or sudden bursts of speed
Lifts Off Ground	Ride vehicle is raised in the air or track is at a higher elevation with limited visibility to track
Wet	Strong possibility of coming in contact with water
Element of Surprise	Additional components of the experience that are not clearly identified. May include elements in queue area or on the attraction
Type of Restraint	May include shared lap bar, individual lap bar, shared lap belt, individual lap belt, individual over-the-shoulder, or no restraint (N/A)
Trip/Show Time	Includes load/unload and time in attraction/show. Does not include wait time

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Sensory Experience Details – Magic Kingdom® Park

Main Street, U.S.A.®	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Walt Disney World® Railroad	◉		◉	◉	◉				Short tunnels; train whistle	N/A	Modified Route: 15 min
Disney Adventure Friends Cavalcade			◉						Confetti blasts from floats	N/A	15 min
Disney Festival of Fantasy Parade			◉							N/A	12 min
Disney Starlight: Dream the Night Away		◉	◉	◉					Nighttime illuminated parade	N/A	11 min
Happily Ever After (Fireworks Show)		◉	◉	◉					Dazzling fireworks; special effects	N/A	18 min

Adventureland	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Swiss Family Treehouse							◉		Stairs throughout; elevated platforms	N/A	Self-paced
The Magic Carpets of Aladdin®					◉		◉	◉	Self-controlled up/down motion; spitting camels	Lap belt	2 min
Jungle Cruise®	◉		◉	◉				◉	Loud motor; travel through short cave	N/A	10 min
Walt Disney's Enchanted Tiki Room		◉	◉	◉					Simulated thunder/ lightning	N/A	20 min
Pirates of the Caribbean®	◉	◉	◉	◉	◉			◉	One drop in darkness; splashing water	N/A	9 min

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Sensory Experience Details – Magic Kingdom® Park

Frontierland®	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Big Thunder Mountain Railroad®			◉		◉	◉	◉		Sharp turns; sudden drops; simulated earthquake	Lap bar	5 min
Country Bear Musical Jamboree		◉	◉	◉						N/A	16 min
Tiana's Bayou Adventure	◉	◉	◉	◉	◉	◉	◉	◉	Splashing water; sudden drops & stops	Lap bar	7 min

Liberty Square	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
The Hall of Presidents				◉						N/A	22 min
Haunted Mansion®		◉	◉	◉					**Pre-show:** Complete darkness for portion **Ride:** Vehicle rotates backwards; characters pop up	Lap bar	8 min

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Sensory Experience Details – Magic Kingdom® Park

Fantasyland®	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Walt Disney World® Railroad	◉		◉	◉	◉				Short tunnels; train whistle	N/A	Modified Route: 15 min
Prince Charming Regal Carousel			◉						Horses move up and down; bench available	Lap belt	2 min
Mickey's PhilharMagic®	◉	◉	◉	◉				◉	3D glasses; air bursts; brief water spray	N/A	12 min
Peter Pan's Flight®		◉	◉	◉	◉	◉	◉		Sharp turns; lifts off the ground	Lap bar	5 min
"it's a small world"®	◉	◉	◉							N/A	10 min
Under the Sea ~ Journey of The Little Mermaid		◉	◉	◉					Vehicle rotates backwards	N/A	5 min
The Barnstormer					◉	◉	◉		Sharp turns; sudden drops	Lap bar	1 min
Dumbo the Flying Elephant®					◉		◉		Self-controlled up/down motion	Lap belt	2 min
Mad Tea Party						◉			Spinning	N/A	2 min
The Many Adventures of Winnie the Pooh		◉	◉	◉	◉				Vehicle bounces in one scene; simulated thunder/lighting	Lap bar	3 min
Seven Dwarfs Mine Train		◉	◉	◉	◉	◉	◉		Sharp turns; sudden drops	Lap bar	3 min

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Sensory Experience Details – Magic Kingdom® Park

Tomorrowland®	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Tomorrowland Speedway	◉		◉		◉				Loud motors	Lap belt	6 min
TRON Lightcycle/Run		◉	◉	◉		◉	◉		Sharp turns; sudden drops	Leg restraints & back pad	3 min
Space Mountain®		◉	◉	◉	◉	◉	◉		Sharp turns and sudden drops in total darkness	Lap bar	5 min
Astro Orbiter		◉	◉		◉		◉		Flashing lights at night	Lap belt	3 min
Tomorrowland Transit Authority PeopleMover				◉			◉		Darkness in Space Mountain portion	N/A	10 min
Walt Disney's Carousel of Progress				◉					Rotating theater	N/A	20 min
Buzz Lightyear's Space Ranger Spin®		◉	◉	◉					Self-controlled spinning	Lap bar	5 min
Monsters, Inc. Laugh Floor®		◉	◉	◉						N/A	12 min

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Sensory Experience Details – EPCOT®

World Celebration	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Spaceship Earth®	◉			◉					Vehicle rotates backwards	N/A	13 min
Disney & Pixar Short Film Festival		◉		◉					3D glasses	N/A	15 min
Journey into Imagination with Figment	◉	◉	◉	◉					Darkness & simulated train during "sound" portion	N/A	8 min

World Discovery	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Guardians of the Galaxy: Cosmic Rewind		◉	◉	◉		◉	◉		**Pre-show:** Significant periods of darkness **Ride:** Vehicle rotates throughout; reverse launch; sharp turns; sudden drops	Lap bar	3 min
Mission: SPACE®		◉	◉	◉	◉	◉			Confined space	Over-the-shoulder restraint	6 min
Test Track®		◉	◉	◉	◉	◉	◉		Sharp and high banking turns	Lap belt	5 min

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Sensory Experience Details – EPCOT®

World Nature	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Awesome Planet				◉					Theater with stairs	N/A	10 min
Soarin'	◉	◉	◉	◉	◉		◉		Ride vehicle lifts off ground; simulated flight	Lap belt	7 min
Living with the Land	◉	◉	◉						Simulated thunderstorm	N/A	14 min
Journey of Water, Inspired By Moana	◉							◉	Interactive water features	N/A	Self-paced
The Seas with Nemo and Friends		◉		◉					Scary fish chases Marlin & Dory; real aquarium in final scene	N/A	3 min
Turtle Talk with Crush										N/A	15 min
Sea Base Aquarium									Interactive exhibits; live animals	N/A	Self-paced

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Sensory Experience Details – EPCOT®

World Showcase	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Mexico: Grand Fiesta Tour Starring the Three Caballeros	◉	◉	◉						Simulated fireworks at end	N/A	8 min
Norway: Frozen Ever After	◉	◉			◉	◉	◉	◉	Two drops, one backwards; splashing water	N/A	5 min
China: Reflections of China				◉					Sensation of moving during portions of film	N/A	13 min
The American Adventure: America Gardens Theatre									Shows vary and elements may change	N/A	Depends on performance, check times
The American Adventure: The American Adventure			◉	◉						N/A	30 min
France: Film: Beauty & the Beast Sing-Along Film: Impressions de France			◉	◉					**B&B:** Loud portions of film **Impressions:** Sensation of moving during portions	N/A	18 min
France: Remy's Ratatouille Adventure	◉				◉			◉	Sensation of moving during portions of film; squirting water	Lap bar	6 min
Canada: Far and Wide									Sensation of moving during portions of film	N/A	14 min
Luminous The Symphony of Us (Fireworks Show)		◉	◉	◉					Dazzling fireworks; special effects	N/A	20 min

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Sensory Experience Details – Disney's Hollywood Studios®

Hollywood Boulevard	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Mickey & Minnie's Runaway Railway		◉	◉	◉	◉	◉			Spinning; sudden change in direction; backward movement; simulated tornado & lightning	Lap bar	5 min

Echo Lake	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Indiana Jones ™ Epic Stunt Spectacular!	◉	◉	◉						Simulated explosions & gun shots	N/A	30 min
Star Tours® – The Adventures Continue		◉	◉	◉	◉	◉			Flight simulator; 3D glasses, sharp turns; sudden drops & stops; enclosed space	Lap belt	7 min
Vacation Fun-An Original Animated Short with Mickey & Minnie			◉	◉						N/A	10 min
For the First Time in Forever: A "Frozen" Sing-Along Celebration	◉	◉	◉						Simulated snow flurries at end	N/A	30 min

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Sensory Experience Details – Disney's Hollywood Studios®

Star Wars: Galaxy's Edge	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Star Wars: Rise of the Resistance		◉	◉	◉	◉	◉	◉		Sharp turns; sudden drops; sudden stops; rotates backwards; flight simulator in-queue and mid-attraction	Lap belt	15 minutes
Millennium Falcon: Smugglers Run		◉	◉	◉	◉	◉			Flight simulator; sharp turns; sudden drops; sudden stops; enclosed space; blasts of air	Lap belt	4 minutes

Toy Story Land	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Alien Swirling Saucers		◉	◉		◉	◉			Sharp turns	Lap belt	2 min
Slinky Dog Dash		◉	◉			◉	◉		Sharp turns; sudden drops; sudden stops	Lap bar	3 min
Toy Story Mania!		◉	◉		◉				3D glasses; spinning and sharp turns	Lap bar	5 min

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Sensory Experience Details – Disney's Hollywood Studios®

Animation Courtyard	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Walt Disney Presents		◉	◉	◉					Interactive elements	N/A	Self-paced; film is 15 min
The Little Mermaid-A Musical Adventure		◉	◉	◉					Blacklight effects; fog effects; bubbles	N/A	22 min
Disney Jr. Mickey Mouse Clubhouse Live!		◉	◉	◉					Bubbles/snow effect; confetti blast at end	N/A	18 min
The Magic of Disney Animation: Once Upon a Studio Theater			◉	◉					"Once Upon a Studio" film	N/A	10 min
The Magic of Disney Animation: Drawn to Wonderland		◉	◉						Playground; Sections for different ages	N/A	Self-paced
The Magic of Disney Animation: Olaf Draws!		◉							Draw animated characters with Olaf	N/A	15 min
Rock 'n' Roller Coaster® Starring the Muppets		◉	◉	◉	◉	◉	◉		Sharp turns; sudden drops and loops	Over-the-shoulder restraint	2 min
Fantasmic!		◉	◉	◉				◉	Numerous theatrical effects; some seating areas will get wet	N/A	30 min
The Twilight Zone Tower of Terror™	◉	◉	◉	◉	◉	◉	◉		Some darkness; sharp turns; sudden drops	Lap belt	7 min
Beauty and the Beast– Live on Stage		◉	◉							N/A	30 min
Disney Villains: Unfairly Ever After		◉	◉	◉					Fog effects; bubbles	N/A	17 min

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Sensory Experience Details – Disney's Animal Kingdom® Theme Park

Discovery Island®	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Wilderness Explorers										N/A	Self-paced
Discovery Island Trails	◉								Live animals	N/A	Self-paced
Zootopia: Better Zoogether!	◉	◉	◉	◉				◉	3D glasses; confetti blast; brief water spray	N/A	10 min

Pandora – The World of Avatar	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Na'vi River Journey™	◉	◉		◉						N/A	4 min
Avatar Flight of Passage™	◉	◉	◉	◉	◉	◉		◉	3D effects; ride seat expands and contracts; simulated sudden drops	Leg restraints and back pad	5 min

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Sensory Experience Details – Disney's Animal Kingdom® Theme Park

Africa	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Festival of the Lion King		◉	◉	◉					Fire dancer within show	N/A	30 min
Kilimanjaro Safaris®	◉		◉		◉	◉			Sharp turns; live animals	N/A	22 min
Gorilla Falls Exploration Trails	◉								Live animals	N/A	Self-paced
Wildlife Express Train			◉						Train whistle	N/A	10 min
Bluey's Wild World at Conservation Station		◉	◉						High-energy interactive activities with characters; groups of other children playing in close proximity	N/A	14 min
Animal Care at Conservation Station			◉						Live animals	N/A	Self-paced
Jumping Junction	◉		◉						Live animals	N/A	Self-paced

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Sensory Experience Details – Disney's Animal Kingdom® Theme Park

Asia	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Feathered Friends in Flight									Live animals; Birds fly over audience	N/A	25 min
Maharajah Jungle Trek®	◉								Live animals	N/A	Self-paced
Kali River Rapids®	◉				◉	◉		◉	You will get wet	Lap belt	4 min
Expedition Everest – Legend of the Forbidden Mountain®		◉	◉	◉	◉	◉	◉		Sharp turns; sudden drops; backward motion; Yeti	Lap bar	3 min

Theater in the Wild	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Finding Nemo: The Big Blue… And Beyond!		◉	◉	◉						N/A	30 min

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Sensory Experience Details – Disney Springs

Disney Springs	Scents/ Smells	Lighting Effects	Loud Noises	Periods of Darkness	Bumpy	Fast	Lifts Off Ground	Wet	Element of Surprise	Type of Restraint	Trip/Show Time
Cirque du Soleil		◉	◉	◉					Performers within the audience & aisles; show elements in the aisles; audience interaction	N/A	90-100 Min
Aerophile Hot Air Balloon							◉		Ascend 400 feet into the sky	N/A	8 Min
Marketplace Train Express			◉						Simulated train whistle & sounds	Lap Belt	2 Min
Marketplace Carousel			◉						Horses move up and down	Lap Belt	2 Min