

# PLANT-BASED MEATBALLS Tony's Town Square Restaurant Magic Kingdom® Park

Serves 4 to 6

#### Tony's Marinara Sauce

1 tablespoon canola oil blend 1/4 cup fresh minced garlic 29-ounce can tomato puree

1 teaspoon salt

1 teaspoon black pepper

1/2 cup chopped fresh basil

### Tony's Plant-Based Meatballs

12 ounces cremini mushrooms

1 pound plant-based ground meat substitute

1 tablespoon freshly chopped basil

2 teaspoons freshly chopped parsley

1 teaspoon fresh minced garlic

1 teaspoon coarse salt

1/2 teaspoon black pepper

# Spaghetti

1 pound spaghetti Chiffonade basil, for serving

# For Tony's Marinara Sauce:

- 1. Heat oil in large saucepan over medium heat for 5 minutes, until shimmering. Add garlic and cook for 2 minutes. Add tomato puree, salt, and pepper.
- 2. Simmer for 30 minutes. Add basil and simmer for an additional 15 minutes.
- 3. Keep warm until ready to serve.

Always use caution when handling sharp objects and hot contents. Please supervise children who are helping or nearby.

This recipe has been converted from a larger quantity in the restaurant kitchens.

The flavor profile may vary from the restaurant's version.



#### For Tony's Plant-Based Meatballs:

- 1. Preheat oven to 350°F.
- 2. Wash mushrooms and place in food processor. Pulse until they are the same consistency as the plant-based meat substitute.
- 3. Mix together meat substitute, mushrooms, basil, parsley, garlic, salt, and pepper in a large bowl.
- 4. Scoop into 1/4-cup balls and place on baking sheet.
- 5. Bake 10 to 12 minutes, or until internal temperature reaches 150°F.

#### For Spaghetti:

- 1. Cook spaghetti according to package directions.
- 2. Drain, place on serving plate and top with sauce and meatballs. Garnish with chiffonade basil.

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